

# **TTC G360 Biblical Counselling Module**

## **Week 1: An Introduction to Biblical Counselling**

### **Introduction, Impression, Interests**

#### **Week 1 Teaching Objectives**

- **To give apprentices a basic understanding of the history of the biblical counselling movement.**
- **To give apprentices a framework to think holistically about biblical counselling.**

#### **Week 1 Set Readings**

##### **A. The Biblical Counselling Movement After Adams**

- (i) Chapter 1: The Birth of a Biblical Counselling Movement and the Need for Growth
  - 'Ministry is counselling, ministry is counselling'
  - 'Counselling & revivalism'
  - 'Psychological Revolution: Wundt & Freud'
  - 'Jay Adams'
  - 'Advancement post Adams''
- (ii) Chapters 2 to 6 Conclusion ONLY
  - Chapter 2: Think about Counselling
  - Chapter 3: Do Counselling/Methodology
  - Chapter 4: Talk about Counselling
  - Chapter 5: Think About the Bible
  - Chapter 6: Further Advancement

## **B. Seeing with New Eyes**

- (i) Preface
- (ii) Introduction: The Gaze of God
  - 'Learning the gaze of God'
- (iii) Intro to Part 1: Scripture Opens Blind Eyes
- (iv) Intro to Part 2: Reinterpreting Life
- (v) Conclusion: Toward Simplicity
  - 'People – never the same... so alike'
  - 'Mandate further work, exploring nuances'
  - 'Cookie cutter, pat answer, formula, quick fix'
  - 'Practical theology is hard'
  - PT 101, 201, 301, 401, 501.
  - Goal & current achievement.

## **C. Speaking Truth in Love**

- (i) Preface
- (ii) Intro to Part 1: Speaking Truth in Love
- (iii) Intro to Part 2: We Grow Up Together

## **D. What is Biblical Counselling?**